



**Krystagraphs™ for  
Healing Body, Mind & Spirit**

**Real Secrets for  
Manifesting Your Dreams  
into Reality**

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**Agenda**

- ♥ Who I Am
- ♥ Access to Symbols
- ♥ Manifesting – What Part of Your Life...
- ♥ What 'the Secret' Missed

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**Agenda**

- ♥ Affects of Your Energy on Manifesting
- ♥ How Fear Affects What You Manifest
- ♥ Your Beliefs About Manifesting Your Desires?

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**Agenda**

- ♥ Power of Gratitude
- ♥ Power of Self Love
- ♥ Power of Following Your Intuition
- ♥ Power of Allowing Yourself to Receive

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**Agenda**

- ♥ Guided Meditation for Manifesting
- ♥ Summary Overview
- ♥ Q & A

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**Manifesting in All Areas of Your Life**

- ♥ In What Areas Of You Life Does Manifesting Apply?
  - ♥ Prosperity
  - ♥ Loving Relationships
  - ♥ Health

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**Manifesting in All Areas of Your Life**

- ♥ In What Areas Of You Life Does Manifesting Apply? (Cont.)
  - ♥ Life Flows With Ease & Grace
    - ♥ Parking Example
    - ♥ Driving Example

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**What 'the Secret' Missed**

- ♥ The Power Of The Movie 'The Secret'
- ♥ The Missing Aspects
  - ♥ We Create Our Entire Experience
  - ♥ The Past & Overcoming It
  - ♥ Our Beliefs & Overcoming Them
  - ♥ Our Fears & Overcoming Them

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**What 'the Secret' Missed**

- ♥ The Missing Aspects (Cont.)
  - ♥ The Power Of Unconscious Co-creation
    - ♥ Overcoming This Sometimes Overwhelming Power
  - ♥ The Real Key – Beyond Believing... Knowing!

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**Empowered Spirit**  
Empowering You to Greater Health in Body, Mind and Spirit

**The Affects of Your Energy  
On Manifesting**

- ♥ How To Move Into Knowing...
- ♥ You Energy Affects You Ability To Know...
- ♥ Shut Down Chakras And Their Affect
- ♥ Relate To:
  - ♥ Multiple Areas Of Health
  - ♥ Areas Of Success

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**The Affects of Your Energy  
On Manifesting**

- ♥ Shut Down Centers (How They Get Shutdown)
  - ♥ Dysfunction In Those Areas
  - ♥ Lack Of Success
  - ♥ Illness

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**Energy Centers**

- ♥ Root
  - ♥ Represents
    - ♥ Prosperity & Abundance
    - ♥ Health (Lower Back, Prostate & Vaginal)
    - ♥ Emotional (Lack of Support)

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**Energy Centers**

♥ **Sacral**

♥ **Represents**

- ♥ Emotional (Fear of Loss)
- ♥ Prosperity & Abundance
- ♥ Health (stomach, Low Sperm Count, Miscarriages)

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**Energy Centers**

♥ **Solar Plexus**

♥ **Creative Center – Gut Instincts**

♥ **Represents**

- ♥ Health (Gallbladder, Liver, Spleen)
- ♥ Success (Low Self Esteem, Lack Creativity)
- ♥ Emotional (Fear Of Rejection)

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**Energy Centers**

♥ **Heart**

♥ **Represents**

- ♥ Health (Heart/Lungs)
- ♥ Success (Lack Of Passion)
- ♥ Manifesting Loving Supportive Relationships

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**Energy Centers**

- ♥ **Thymus Gland**
- ♥ **Represents**
  - ♥ **Health Overall Health**
  - ♥ **Belief Or Fear About Not Being Healthy**
  - ♥ **New Belief – I Am Totally & Completely Healthy**

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**Energy Centers**

- ♥ **Throat**
- ♥ **Represents**
  - ♥ **Health (Sore Throat, Neck)**
  - ♥ **Success (Unable To Speak Up For Self)**

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**Energy Centers**

- ♥ **Throat (Cont.)**
- ♥ **Represents**
  - ♥ **Emotional (Feeling Unimportant – What I Have To Say Isn't Important) What Are You Afraid To Say**
  - ♥ **Speaking Affirmative Statements For Manifesting – If You Can't Say It...**

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**Energy Centers**

- ♥ **Third Eye**
  - ♥ **Represents**
    - ♥ **Health (Eyes, Ears, Nose)**
    - ♥ **Success (Lack ability to connect to intuition)**
    - ♥ **Emotional (Lots of emotional chatter going on)**

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**Energy Centers**

- ♥ **Crown**
  - ♥ **Represents**
    - ♥ **Health (Depression, Headaches, Muscle Aches)**
    - ♥ **Self Doubts**
    - ♥ **Hopelessness**

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**ID Shutdown Centers**

- ♥ **Based On Physical Outcomes**
- ♥ **Intuition**
- ♥ **Applied Kinesiology**
  - ♥ **Free Report**

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## Opening Shutdown Centers

- ♥ Chakra Opening & Balancing
  - ♥ Hold In Non-dominant Hand
  - ♥ Visualizing Symbol
  - ♥ Connecting With Symbol By Looking At It




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## How Your Fears Affect What You Manifest

- ♥ Abundance & Prosperity
  - ♥ I'll be homeless
  - ♥ I don't have enough money for...
  - ♥ I'll never be good enough

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## How Your Fears Affect What You Manifest

- ♥ Health
  - ♥ I am never going to get better
  - ♥ I will have same illness as a parent/sibling
    - ♥ Alzheimers
    - ♥ Cancer
  - ♥ Pollution is Going to Kill Me

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### How Your Fears Affect What You Manifest

♥ Life Flow

- ♥ I always have to park a mile away
- ♥ I know it will rain on my wedding day
- ♥ Every time I fly anywhere the weather is bad (flight turbulence)

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### How Your Fears Affect What You Manifest

♥ Releasing Fear Exercise  
– Krystagraph™




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### How Your Fears Affect What You Manifest

- ♥ Visualize the thing you fear and place it in the center of the symbol
- ♥ Visualize the love surrounding the fear and then see the fear leaving through the upper left opening of the symbol

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**How Your Fears Affect What You Manifest**

- ♥ Place the fear as it is leaving into a bubble of love energy/light
- ♥ See the fear floating away until it disappears

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**How Your Fears Affect What You Manifest**

- ♥ Make the following statement in gratitude:
  - ♥ Thank you for being part of my life. I am now ready to stand in my power and to move forward.
  - ♥ I now chose to move forward in Faith knowing that I have nothing to Fear but Fear itself.

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**How Your Fears Affect What You Manifest**

- ♥ Make the following statement in gratitude:
  - ♥ I am ready to face this fear and move forward with God at my side.
  - ♥ Share Your Experience

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**What are Your Beliefs about Manifesting Your Desire?**

- ♥ What we focus on is What we create
  - ♥ I'll never get ahead financially
  - ♥ I have more bills than income
  - ♥ Money is the root of all evil
  - ♥ The rich are selfish or greedy

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**What are Your Beliefs about Manifesting Your Desire?**

- ♥ What we focus on is What we create
  - ♥ The rich get richer and the poor...
  - ♥ I don't need much – I can get by
  - ♥ A Penny Saved is a Penny Earned
  - ♥ Get a Job, Work Hard, Save Money

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**What are Your Beliefs about Manifesting Your Desire?**

- ♥ What we focus on is What we create
  - ♥ Health Related
    - ♥ It's hereditary
    - ♥ I always get 3 colds per year
  - ♥ Belief in what an authority figure tells us
    - ♥ You'll never amount to anything

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**What are Your Beliefs about Manifesting Your Desire?**

- ♥ Identifying Core Non-Supportive Beliefs
  - ♥ Journaling
  - ♥ Symbol – Straight Path to Core Beliefs
- ♥ Belief Transformation
  - ♥ Repeating Affirmations Daily
  - ♥ Symbol – Belief Transformation

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**What are Your Beliefs about Manifesting Your Desire?**

- ♥ Length of Time to Change a Belief
  - ♥ 21 Days – Twice Per Day
  - ♥ 63 Days
  - ♥ 7 times 70
  - ♥ Evolution is Speeding Up
  - ♥ Process for changing these beliefs – [EmpoweredSpirit.com/FreeReports](http://EmpoweredSpirit.com/FreeReports)

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**Power of Gratitude**

- ♥ Are You Grateful for What You Have
- ♥ The Power of Celebration
- ♥ Expressing Gratitude in Your Affirmations
  - ♥ I am deeply grateful for...
  - ♥ It is with love and gratitude in my heart that I know that Blank has come into my reality
- ♥ State Affirmations as Positive Statements

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**Power of Self Love**

- ♥ Do You believe it is ok to Love Yourself?
- ♥ Do you believe you are worthy of love?
- ♥ Do your actions support what you think you believe?

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**Power of Self Love**

- ♥ Change these beliefs and actions today!
- ♥ Do something you've always wanted to do
- ♥ Do something special just for you!
  - ♥ Make a commitment today and let me know the results

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**Trusting Your Intuition**

- ♥ Do You Believe You Have to Work Hard to Manifest?
- ♥ Do You Believe You Just Have to State What You Want and It will be Yours?
- ♥ The truth – trust your intuition
- ♥ Working Smarter Not Harder

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## Power of Allowing Yourself to Receive

- ♥ Are You Open to Receiving?
- ♥ Do You believe you deserve to Receive?

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## Opening Shutdown Centers

- ♥ Chakra Opening & Balancing Krystagraph™
- ♥ Deep Breath
- ♥ Chakra Opening and Balancing




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## Opening to Receive Guided Process

- ♥ Opening to Receiving Krystagraph™




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**Guided Process**

- ♥ Visualize Receiving Your Desired Outcome
- ♥ Feel what it feels like to be, do or have whatever you desire
- ♥ Intend to Receive what is in Your Highest Good

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**Summary**

- ♥ Manifesting – What Part of Your Life...
- ♥ What 'the Secret' Missed
- ♥ Affects of Your Energy on Manifesting
- ♥ How Fear Affects What You Manifest
- ♥ Your Beliefs About Manifesting Your Desires?

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**Agenda**

- ♥ Power of Gratitude
- ♥ Power of Self Love
- ♥ Power of Following Your Intuition
- ♥ Power of Allowing Yourself to Receive
- ♥ Guided Process for Manifesting

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**Next Steps?**

**Secrets to Real Prosperity**

**[EmpoweredSpirit.com/prosperitycourse](http://EmpoweredSpirit.com/prosperitycourse)**

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**Q & A**

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**Are You Ready to Manifest  
the Prosperity You Deserve?**

**Secrets to Real Prosperity**

**[EmpoweredSpirit.com/prosperitycourse](http://EmpoweredSpirit.com/prosperitycourse)**

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